



# A5 Sliced Seeded Burger Buns

**UNIT:** 6 x 8



## Description

A seeded white burger bun with a golden brown crust and a gentle dusting of sesame seeds. These soft white buns, which are perfect carriers for a variety of hot or cold fillings, provide the optimum in terms of convenience and freshness. Not only are they pre-sliced, but freshly frozen, so you only need to use the buns that you need.

Reduce waste and defrost just the right amount at room temperature for approximately 2 hours. Once defrosted, store the buns in a cool, dry place (in a sealed container) and use within 4 days. Made in a dedicated bakery accredited by both The Vegetarian Society and The Vegan Society.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

Contains Cereal	Yes
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	Yes
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains SO2	No

## Nutrition

Typical Values	Per 100g/ml
Energy	1053 kJ
	249 kcal
Fat	2.2 g
- of which saturates	0.3 g
Carbohydrates	46.8 g
- of which sugars	4.1 g
Fibre	3.4 g
Protein	8.7 g
Salt	0.9 g

## Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	Yes
Suitable for Sufferers of Lactose Intolerance	
Suitable for Coeliacs	
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Over **300** products. **8** product categories. **1** unique brand.  
Visit us online at [chefapproved.co.uk](http://chefapproved.co.uk)



## Ingredients

**WHEAT** Flour (contains Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, **SESAME** Seeds, Salt, Yeast, Dextrose, Rapeseed Oil, Emulsifiers: E471, E472(e). Flour Treatment Agents: E300, E920.

## Directions for Use

Defrost at room temperature for 1 – 2 hours, or until fully defrosted and serve. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight and consume within 4 days.

## Storage Instructions

Store frozen at -18°C. Once defrosted do not refreeze.

## Packaging

GTIN: 5060154031003

Inner GTIN:

Weight/Volume:

Packaging Type: Polythene Bag

## Country of Origin

United Kingdom (N/A)

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 15/04/2026