A5 Sliced Seeded Burger Buns

UNIT: 6 x 8 x 85g

Description

A seeded white burger bun with a golden brown crust and a gentle dusting of sesame seeds. These soft white buns, which are perfect carriers for a variety of hot or cold fillings, provide the optimum in terms of convenience and freshness. Not only are they pre-sliced, but freshly frozen, so you only need to use the buns that you need.

Reduce waste and defrost just the right amount at room temperature for approximately 2 hours. Once defrosted, store the buns in a cool, dry place (in a sealed container) and use within 4 days. Made in a dedicated bakery accredited by both The Vegetarian Society and The Vegan Society.

Allergen Information

Cereal | Milk | Eggs | Peanuts | Nuts | Crustaceans | Mustard

Fish | Lupin | Sesame | Celery | Soya | Molluscs | SO2

Contains Cereal	Yes
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	Yes
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains SO2	No

Nutrition

Typical Values	Per 100g/ml
Energy	1053 kJ
	249 kcal
Fat	2.2 g
- of which saturates	0.3 g
Carbohydrates	46.8 g
- of which sugars	4.1 g
Fibre	3.4 g
Protein	8.7 g
Salt	0.9 g

Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	Yes
Suitable for Sufferers of Lactose Intolerance	
Suitable for Coeliacs	
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

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Ingredients	**WHEAT** Flour (contains Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, **SESAME** Seeds, Salt, Yeast, Dextrose, Rapeseed Oil, Emulsifiers: E471, E472(e). Flour Treatment Agents: E300, E920.
Directions for Use	Defrost at room temperature for 1 – 2 hours, or until fully defrosted and serve. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight and consume within 4 days.
Storage Instructions	Store frozen at -18°C. Once defrosted do not refreeze.
Packaging	GTIN: 5060154031003 Inner GTIN: Weight/Volume: Packaging Type: Polythene Bag
Country of Origin	United Kingdom (N/A)

All Allergen and Nutrition information drawn from www.erudus.com on 25/10/2026

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