

# Battered Chicken Nuggets

**UNIT:** 1kg (50 pieces\*)



# Description

The CHEF Assured Battered Chicken Nuggets are loved by children and adults alike. Made from 100% chicken breast meat, these nuggets feature a crispy golden batter on the outside and juicy chicken on the inside. They are perfect for children's menus as, just like the Battered Chicken Breast Steaks, the salt levels in these nuggets meet the Public Health England 2024 salt targets, making them an ideal choice for school meals.



# Allergen Information





















Eggs

Celery

Specifications

Nutrition	
Typical Values	Р

Typical Values	Per 100g/ml
Energy	792 kJ
	189 kcal
Fat	7.7 g
- of which saturates	1.4 g
Carbohydrates	20.8 g
- of which sugars	0.9 g
Fibre	0.4 g
Protein	9 g
Salt	0.9 g

# Allergens

Contains Cereal	Ye
Contains Gluten	-
Contains Milk	Ye
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No

## **Dietary Information**

ontains Cereal	Yes	Suitable for Vegetarians	
ontains Gluten	-	Suitable for Vegans	
ontains Milk	Yes	Suitable for Sufferers of Lactose	
ontains Eggs	No	Intolerance	
ontains Peanuts	No	Suitable for Coeliacs	
ontains Nuts	No	Approved for a Halal Diet	Yes
ontains Crustaceans	No	Approved for a Kosher Diet	No
ontains Mustard	No		
ontains Fish	No		
ontains Lupin	No		

#### Contains Molluscs Contains Sulphur Dioxide No

# Ingredients

Chicken Breast Meat (50%), Water, <b>WHEAT</b> Flour, Sunflower oil, Cook from frozen: Deep fry at 180C for approximately 3-4 Maize Starch, <b>WHEAT </b>Starch, Maize Flour, Dietary Fibre, Salt, Raising Agents (E450i, E500ii), Skimmed <b>MILK Powde</b>r, Dextrose, Colour (E100).

#### Directions for Use

minutes. Oven bake at 190c for 7-9 minutes.

Ensure product is cooked to a core temperature of 75c

The above instructions are guidelines only, variations in time and temperature may be required for different appliances or variation in portion size and quantities cooked.

### Storage

#### Instructions

Keep Frozen - 18 c or cooler. Do not re freeze once defrosted.

#### Packaging

Inner GTIN: 5060392096994

Weight/Volume: Packaging Type: Plastic Bag Country of Origin

Bulgaria ()

All Allergen and Nutrition information drawn from www.erudus.com on 04/05/2025