

# Battered Chicken Nuggets

**UNIT:** 1kg (50 pieces\*)



## Description

The CHEF Approved Battered Chicken Nuggets are loved by children and adults alike. Made from 100% chicken breast meat, these nuggets feature a crispy golden batter on the outside and juicy chicken on the inside. They are perfect for children's menus as, just like the Battered Chicken Breast Steaks, the salt levels in these nuggets meet the Public Health England 2024 salt targets, making them an ideal choice for school meals.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

| Typical Values       | Per 100g/ml        |
|----------------------|--------------------|
| Energy               | 792 kJ<br>189 kcal |
| Fat                  | 7.7 g              |
| - of which saturates | 1.4 g              |
| Carbohydrates        | 20.8 g             |
| - of which sugars    | 0.9 g              |
| Fibre                | 0.4 g              |
| Protein              | 9 g                |
| Salt                 | 0.9 g              |

### Allergens

|                          |
|--------------------------|
| Contains Cereal          |
| Contains Gluten          |
| Contains Milk            |
| Contains Eggs            |
| Contains Peanuts         |
| Contains Nuts            |
| Contains Crustaceans     |
| Contains Mustard         |
| Contains Fish            |
| Contains Lupin           |
| Contains Sesame          |
| Contains Celery          |
| Contains Soya            |
| Contains Molluscs        |
| Contains Sulphur Dioxide |

|     |   |     |
|-----|---|-----|
| Yes | Suitable for Vegetarians                      |     |
| -   | Suitable for Vegans                           |     |
| Yes | Suitable for Sufferers of Lactose Intolerance |     |
| No  | Suitable for Coeliacs                         |     |
| No  | Approved for a Halal Diet                     | Yes |
| No  | Approved for a Kosher Diet                    | No  |
| No  |   |     |
| No  |   |     |
| No  |   |     |
| No  |   |     |
| No  |   |     |
| No  |   |     |
| No  |   |     |
| No  |   |     |

### Dietary Information

### Ingredients

Chicken Breast Meat (50%), Water, **WHEAT** Flour, Sunflower oil, Maize Starch, **WHEAT** Starch, Maize Flour, Dietary Fibre, Salt, Raising Agents (E450i, E500ii), Skimmed **MILK** Powder, Dextrose, Colour (E100).

### Directions for Use

Cook from frozen: Deep fry at 180C for approximately 3 -4 minutes. Oven bake at 190c for 7-9 minutes.

Ensure product is cooked to a core temperature of 75c before serving.

The above instructions are guidelines only, variations in time and temperature may be required for different appliances or variation in portion size and quantities cooked.

### Storage

#### Instructions

Keep Frozen - 18 c or cooler. Do not re freeze once defrosted.

### Packaging

CTIN:  
Inner CTIN: 5060392096994  
Weight/Volume:  
Packaging Type: Plastic Bag

### Country of Origin

Bulgaria ()

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 21/01/2026