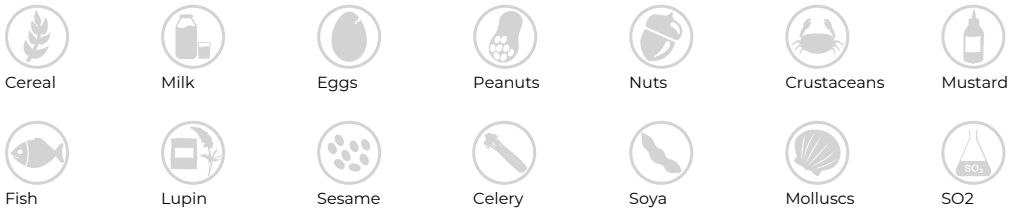
Broccoli Florets

UNIT: 4 x 2.5kg

Description

High grade quality broccoli florets, grown by a family owned and run business in the heart of Flanders fertile fields. Perfectly situated on one central site, broccoli is processed at the peak of freshness and frozen to lock in all of nature's nutrients. The BRC AA grade factory maintaining the high quality needs for the concerning foodservice industry.

Allergen Information



Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains SO2	No

Nutrition

Typical Values	Per 100g/ml
Energy	110 kJ
	26 kcal
Fat	0 g
- of which saturates	0 g
Carbohydrates	2 g
- of which sugars	2 g
Fibre	3.1 g
Protein	3 g
Salt	0.03 g

Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	Yes
Suitable for Sufferers of Lactose Intolerance	
Suitable for Coeliacs	
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Ingredients	Broccoli florets (100%)

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Directions for Use

Cook from frozen.
Boil: Simmer 250g of product for 5-6 minutes or until tender.
Microwave: Place 250g of product in a microwavable container with 1-2 teaspoons of water, cover and pierce. Heat on full power on 650W for 6 minutes or on 750W for 5.5 minutes. Stir Halfway through cooking.

Storage Instructions

Store at -18°C or colder.
Do not refreeze once defrosted.

Packaging

GTIN: 5060154031799
Inner GTIN: 5060392098097
Weight/Volume:
Packaging Type:

Country of Origin

Portugal

All Allergen and Nutrition information drawn from www.erudus.com on 24/10/2026

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