# Broccoli Florets

**UNIT:** 4 x 2.5kg

## Description

High grade quality broccoli florets, grown by a family owned and run business in the heart of Flanders fertile fields. Perfectly situated on one central site, broccoli is processed at the peak of freshness and frozen to lock in all of nature's nutrients. The BRC AA grade factory maintaining the high quality needs for the concerning foodservice industry.

# Allergen Information

Cereal | Milk | Eggs | Peanuts | Nuts | Crustaceans | Mustard

Fish | Lupin | Sesame | Celery | Soya | Molluscs | SO2

| | |
|---|---|
| Contains Cereal | No |
| Contains Gluten | - |
| Contains Milk | No |
| Contains Eggs | No |
| Contains Peanuts | No |
| Contains Nuts | No |
| Contains Crustaceans | No |
| Contains Mustard | No |
| Contains Fish | No |
| Contains Lupin | No |
| Contains Sesame | No |
| Contains Celery | No |
| Contains Soya | No |
| Contains Molluscs | No |
| Contains SO2 | No |

# Nutrition

| Typical Values | Per 100g/ml |
|---|---|
| Energy | 110 kJ |
| | 26 kcal |
| Fat | 0 g |
| - of which saturates | 0 g |
| Carbohydrates | 2 g |
| - of which sugars | 2 g |
| Fibre | 3.1 g |
| Protein | 3 g |
| Salt | 0.03 g |

# Dietary Information

| | |
|---|---|
| Suitable for Vegetarians | Yes |
| Suitable for Vegans | Yes |
| Suitable for Sufferers of Lactose Intolerance | |
| Suitable for Coeliacs | |
| Approved for a Halal Diet | No |
| Approved for a Kosher Diet | No |

## Ingredients

Broccoli florets (100%)

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## Directions for Use

Cook from frozen.
Boil: Simmer 250g of product for 5-6 minutes or until tender.
Microwave: Place 250g of product in a microwavable container with 1-2 teaspoons of water, cover and pierce. Heat on full power on 650W for 6 minutes or on 750W for 5.5 minutes. Stir Halfway through cooking.

## Storage Instructions

Store at -18°C or colder.
Do not refreeze once defrosted.

## Packaging

GTIN: 5060154031799
Inner GTIN: 5060392098097
Weight/Volume:
Packaging Type:

## Country of Origin

Portugal

All Allergen and Nutrition information drawn from www.erudus.com on 24/10/2026

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