

Button Sprouts

UNIT: 12 x 1 kg



Description

High grade quality button sprouts, grown by a family owned and run business in the heart of Flanders fertile fields. Perfectly situated on one central site, sprouts are processed at the peak of freshness and frozen to lock in all of nature's nutrients. The BRC AA grade factory maintaining the high quality needs for the concerning foodservice industry.

ASSURED

Allergen Information





Specifications

Nutrition

Typical Values	Per 100g/ml
Energy	177 kJ
	42 kcal
Fat	0.5 g
- of which saturates	0.1 g
Carbohydrates	4.5 g
- of which sugars	2.7 g
Fibre	4.4 g
Protein	3.2 g
Salt	0.03 g





Allergens

Allergens	
Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains Sulphur Dioxide	No

Dietary Information

No	Suitable for Vegetarians	Yes
-	Suitable for Vegans	Yes
No	Suitable for Sufferers of Lactose	
No	Intolerance	
No	Suitable for Coeliacs	
No	Approved for a Halal Diet	No
No	Approved for a Kosher Diet	No
No		
No		
No		

Ingredients

Button sprouts (100%)

Directions for Use

For best results, cook from frozen.

Boiling Method: Place 250g of Button Sprouts in a saucepan with sufficient boiling water to cover. Bring the contents back to the boil. Cover the pan and simmer for 4-5 minutes until tender. Drain and Serve.

Microwave Guidelines: Per 250g – place contents into a microwavable container, add 1-2 tablespoons of water then cover and pierce. Heat on full power for 4 1/2 MINUTES (650W) or 5 MINUTES (750W).

Stir button sprouts halfway through cooking. Drain and serve

Cooking appliances vary. These instructions are given only as a guide. Ensure the product is piping hot before serving. For ovens of different power, heating time must be increased or decreased accordingly.

Storage

Instructions

Keep frozen

* Up to 1 week

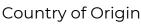
** Up to 1 month *** -18°C or colder Up to 3 months **** -18°C or colder Until Best Before

Date

Do not refreeze after defrosted.

Packaging

GTIN: 5060154031874 Inner GTIN: 5060154033182 Weight/Volume: Packaging Type: Polythene Bag



Belgium (n/a)

All Allergen and Nutrition information drawn from www.erudus.com on 01/06/2025

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