



# Chocolate Sponge Pudding

**UNIT:** 12 x 130g



## Description

Rich Chocolate Sponge Pudding, covered in a smooth and creamy Dark Chocolate Sauce.  
12 Individual Puddings.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

| Typical Values       | Per 100g/ml         |
|----------------------|---------------------|
| Energy               | 1298 kJ<br>310 kcal |
| Fat                  | 14.8 g              |
| - of which saturates | 6.4 g               |
| Carbohydrates        | 40.2 g              |
| - of which sugars    | 28 g                |
| Fibre                | 1.6 g               |
| Protein              | 3.9 g               |
| Salt                 | 0.4 g               |

### Allergens

|                          |             |
|--------------------------|-------------|
| Contains Cereal          | Yes         |
| Contains Gluten          | -           |
| Contains Milk            | Yes         |
| Contains Eggs            | Yes         |
| Contains Peanuts         | No          |
| Contains Nuts            | May Contain |
| Contains Crustaceans     | No          |
| Contains Mustard         | No          |
| Contains Fish            | No          |
| Contains Lupin           | No          |
| Contains Sesame          | No          |
| Contains Celery          | No          |
| Contains Soya            | Yes         |
| Contains Molluscs        | No          |
| Contains Sulphur Dioxide | No          |

### Dietary Information

|                                   |     |
|-----------------------------------|-----|
| Suitable for Vegetarians          | Yes |
| Suitable for Vegans               | No  |
| Suitable for Sufferers of Lactose |     |
| Intolerance                       |     |
| Suitable for Coeliacs             |     |
| Approved for a Halal Diet         | No  |
| Approved for a Kosher Diet        | No  |

### Ingredients

Sugar, Water, Whole EGG, Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier: Mono- And Diglycerides Of Fatty Acids), Dairy Cream (MILK), Fat Reduced Cocoa Powder (3.5%), Glucose Syrup, Dextrose, Modified Maize Starch, Cocoa Mass, Raising Agents: Disodium Diphosphate, Sodium Bicarbonate; Palm Oil, Whey Powder (MILK), WHEAT Flour, Cocoa Butter, Emulsifiers: SOYA Lecithin, Sorbitan Tristearate, Mono- And Diglycerides Of Fatty Acids, Polyglycerol Esters Of Fatty Acids; Natural Flavouring

### Directions for Use

COOKING INSTRUCTIONS: Re-heat from frozen. Remove film. Place container in microwave. Heat on FULL power. 800W for approximately 1 minute 30 seconds, 1100W - 1 minute, 1800W - 35-40 seconds. Allow to stand for 1 minute. Cover container with pudding dish, turn out to serve, scooping out any remaining sauce.

WARNING: HOT STEAM & TOPPING WHEN RE-HEATED.

### Storage

#### Instructions

DO NOT REFREEZE ONCE DEFROSTED. STORE AT -18°C OR COLDER.

### Packaging

GTIN: 5060154039337

Inner GTIN:

Weight/Volume:

Packaging Type: Plastic Tub

### Country of Origin

United Kingdom (Produced in the UK but using ingredients from various origins.)

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 15/01/2026