

# Ciabatta (T&S)

**UNIT:** 40 x 120g



### Description

A traditional Italian style Ciabatta with an open texture and authentic full flavour, made with extra virgin olive oil. Bulk fermented to provide a more open structure with increased flavour. Product is supplied frozen.



## Allergen Information

















# Specifications

| Ν | u | tr | iti | io | n |
|---|---|----|-----|----|---|
|   |   |    |     |    |   |

| Typical Values       | Per 100g/ml |  |
|----------------------|-------------|--|
| Energy               | 1159 kJ     |  |
|                      | 274 kcal    |  |
| Fat                  | 3.3 g       |  |
| - of which saturates | 0.6 g       |  |
| Carbohydrates        | 50.9 g      |  |
| - of which sugars    | 3.1 g       |  |
| Fibre                | 3 g         |  |
| Protein              | 8.7 g       |  |
| Salt                 | 0.9 g       |  |
|                      |             |  |

### Allergens

| Contains Cereal      | Yes         |
|----------------------|-------------|
| Contains Gluten      | -           |
| Contains Milk        | No          |
| Contains Eggs        | No          |
| Contains Peanuts     | No          |
| Contains Nuts        | May Contain |
| Contains Crustaceans | No          |
| Contains Mustard     | No          |
| Contains Fish        | No          |
| Contains Lupin       | No          |
| Contains Sesame      | May Contain |
|                      |             |

| Contains Sesame          | May |
|--------------------------|-----|
| Contains Celery          | No  |
| Contains Soya            | No  |
| Contains Molluscs        | No  |
| Contains Sulphur Dioxide | No  |

### **Dietary Information**

| Suitable for Vegetarians          | Yes |
|-----------------------------------|-----|
| Suitable for Vegans               | Yes |
| Suitable for Sufferers of Lactose |     |
| Intolerance                       |     |
| Suitable for Coeliacs             |     |
| Approved for a Halal Diet         | Yes |
| Approved for a Kosher Diet        | No  |

#### Ingredients

<b>WHEAT</b> Flour (with Calcium, Iron, Niacin, Thiamin), Water, Yeast, Defrost at room temperature for approx.1 hour Extra Virgin Olive Oil (2.0%), <b>RYE</b> Flour, Salt, <b>WHEAT</b> Flour, Sugar, Malted < b>WHEAT < / b> Flour, Malted < b>BARLEY < / b> Flour, from frozen at 2000C (Gas Mark 6) for 8-10 and 2000C (Gas Mark 6) for 8-10 andFlour Treatment Agents (E300, E920)

#### Directions for Use

and serve. Alternatively for a crisp crust, bake minutes.

Bake from defrost at 180 - 200oC for approx. 5 - 8

For oven with steam injection facility, inject steam for 10 seconds at the start of baking. Settings may vary depending on oven type.

#### Storage Instructions

Can be stored until the best before date if stored at -18oC or below. Consume within one day of defrosting.

DO NOT REFREEZE AFTER THAWING.

#### Packaging

GTIN: 05060392093764 Inner GTIN: Weight/Volume: Packaging Type: Polythene Bag

#### Country of Origin

United Kingdom (n/a)

All Allergen and Nutrition information drawn from www.erudus.com on 06/07/2025