

# Cooked Premium Ham Half Joint



UNIT: Per kg



### Description

Based on a recipe of over 40 years. The legs are expertly boned out to a high internal specification before being cured, gently tumbled and matured to give a lean, full muscle ham with a delicious flavour.

Diligently prepared in modern Charter Ham and BRC approved premises by an experienced, highly skilled and dedicated team. Traditional knowledge blended with the most modern of facilities; all products are batch controlled and barcode scanned at every stage to ensure 100% trace-ability and product consistency.

# CHEF

## Allergen Information





Specifications

#### Nutrition

Typical Values	Per 100g/ml
Energy	432 kJ
	102 kcal
Fat	4.2 g
- of which saturates	0.79 g
Carbohydrates	0.5 g
- of which sugars	0.5 g
Fibre	g
Protein	21 g
Salt	2.53 g



Nuts

Peanuts



#### Allergens

Allergens	
Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains Sulphur Dioxide	No

#### **Dietary Information**

0	Suitable for Vegetarians	No
	Suitable for Vegans	No
0	Suitable for Sufferers of Lactose	Yes
0	Intolerance	
0	Suitable for Coeliacs	Yes
0	Approved for a Halal Diet	No
0	Approved for a Kosher Diet	No
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#### Ingredients

Pork leg, Salt, Dextrose, Emulsifiers (E451, E450), Antioxidant (E301), Preservative (E250) Made with 100g of Pork per 100g of finished product

#### Directions for Use Use within 3 days of opening, do not

exceed use by date

#### Storage Instructions

Keep refrigerated 0 - 5 C

#### Packaging

CTIN: 5060392093771 Inner GTIN: 5060392093825 Weight/Volume: 3.5 Kg is an average net weight of half a joint The sizes given are guidelines only as natural shaped product Packaging Type: Paper/Polyethylene

#### Country of Origin

United Kingdom (Pork from EU)

All Allergen and Nutrition information drawn from www.erudus.com on 01/06/2025