



Cooked Premium Ham Half Joint

3.2kg

UNIT: Per kg



Description

Based on a recipe of over 40 years. The legs are expertly boned out to a high internal specification before being cured, gently tumbled and matured to give a lean, full muscle ham with a delicious flavour.

Diligently prepared in modern Charter Ham and BRC approved premises by an experienced, highly skilled and dedicated team. Traditional knowledge blended with the most modern of facilities; all products are batch controlled and barcode scanned at every stage to ensure 100% trace-ability and product consistency.

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Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains SO2	No

Nutrition

Typical Values	Per 100g/ml
Energy	432 kJ
	102 kcal
Fat	4.2 g
- of which saturates	0.79 g
Carbohydrates	0.5 g
- of which sugars	0.5 g
Fibre	g
Protein	21 g
Salt	2.53 g

Dietary Information

Suitable for Vegetarians

Suitable for Vegans

Suitable for Sufferers of Lactose Intolerance

Suitable for Coeliacs

Approved for a Halal Diet No

Approved for a Kosher Diet No

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Ingredients

Pork leg, Salt, Dextrose, Emulsifiers (E451, E450), Antioxidant (E301), Preservative (E250)

Made with 100g of Pork per 100g of finished product

Directions for Use

Use within 3 days of opening, do not exceed use by date

Storage Instructions

Keep refrigerated 0 - 5 C

Packaging

GTIN: 5060392093771

Inner GTIN: 5060392093825

Weight/Volume:

Packaging Type: Paper/Polyethylene

Country of Origin

United Kingdom (Pork from EU,UK)

All Allergen and Nutrition information drawn from www.erudus.com on 15/04/2026