



# Fine Whole Green Beans

**UNIT:** 12 x 1 kg



## Description

High grade quality beans, grown by a family owned and run business in the heart of Flanders fertile fields. Perfectly situated on one central site, beans are processed at the peak of freshness and frozen to lock in all of nature's nutrients. The BRC AA grade factory maintaining the high quality needs for the concerning foodservice industry.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	136 kJ 33 kcal
Fat	0.5 g
- of which saturates	0.1 g
Carbohydrates	3.7 g
- of which sugars	1 g
Fibre	4.4 g
Protein	2 g
Salt	0.03 g

### Allergens

Contains Cereal  
Contains Gluten  
Contains Milk  
Contains Eggs  
Contains Peanuts  
Contains Nuts  
Contains Crustaceans  
Contains Mustard  
Contains Fish  
Contains Lupin  
Contains Sesame  
Contains Celery  
Contains Soya  
Contains Molluscs  
Contains Sulphur Dioxide

### Dietary Information

No	Suitable for Vegetarians	Yes
-	Suitable for Vegans	Yes
No	Suitable for Sufferers of Lactose Intolerance	
No	Suitable for Coeliacs	
No	Approved for a Halal Diet	No
No	Approved for a Kosher Diet	No
No		
No		
No		
No		
No		
No		

### Ingredients

Beans (100%)

### Directions for Use

Best cooked from frozen

Boiling method: Place 250g of beans in a saucepan with sufficient boiling water to cover. Bring the contents back to the boil. Cover the pan and simmer for 5-6 minutes until tender. Drain and Serve.

Microwave guidelines: Per 250g - Place contents into a microwavable container, add 1-2 tablespoons of water then cover and pierce. Heat on full power for 6 minutes (650W) or 5 1/2 minutes (750W). Stir beans halfway through cooking. Drain and serve.

### Storage

#### Instructions

Keep Frozen

For Star Marked Freezers:

\* up to 1 week

\*\* up to 1 month

\*\*\* -18°C or colder up to 3 months

\*\*\*\* -18°C or colder until Best

Before Date

### Packaging

GTIN: 5060154039603

Inner GTIN: 5060154039610

Weight/Volume:

Packaging Type: Polythene Bag

### Country of Origin

Belgium (n/a)

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 16/05/2025