

# Garam Masala

**UNIT:** 1 x 450g



## Description

A uniform blend of ground spices, free flowing coarse powder, brown in colour



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	1279 kJ 306 kcal
Fat	15 g
- of which saturates	0 g
Carbohydrates	23 g
- of which sugars	0 g
Fibre	34 g
Protein	12 g
Salt	0.49 g

### Allergens

Contains Cereal	May Contain
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	May Contain
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains Sulphur Dioxide	May Contain

### Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	Yes
Suitable for Sufferers of Lactose Intolerance	
Suitable for Coeliacs	
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

### Ingredients

Coriander, cumin, cinnamon, ginger, chilli, dill, pepper, clove. N/A

### Directions for Use

### Storage Instructions

Ambient, dry, away from sunlight

### Packaging

GTIN: 5060154037319  
Inner GTIN: 5060154037326  
Weight/Volume:  
Packaging Type: Poly Treated PET/PE

### Country of Origin

Other (Product of more than one country. Made in the UK)

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 07/12/2025