

# GF Carrot Cake

**UNIT:** 1 x 14pp (1.9kg)



## Description

A sweet and moist spice cake, covered in cream cheese icing and topped with chopped walnuts. The cake is made to a traditional recipe using generous amounts of fruit, carrot and mixed spices. It was developed to meet the growing demand for gluten- free desserts and made to higher standards with quality ingredients.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	1169 kJ 278 kcal
Fat	9.8 g
- of which saturates	3.7 g
Carbohydrates	44 g
- of which sugars	31.5 g
Fibre	1.2 g
Protein	2.8 g
Salt	0.2 g

### Allergens

Contains Cereal	No
Contains Gluten	-
Contains Milk	Yes
Contains Eggs	Yes
Contains Peanuts	No
Contains Nuts	Yes
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	Yes
Contains Molluscs	No
Contains Sulphur Dioxide	No

### Dietary Information

Suitable for Vegetarians	No
Suitable for Vegans	No
Suitable for Sufferers of Lactose Intolerance	
Suitable for Coeliacs	
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

## Ingredients

Gluten free flour (potato starch, rice flour, emulsifier (E415), soft brown sugar (sugar, cane molasses)), pasteurised whole EGG, carrots grated (10%), sultanas, golden syrup (inverted sugar syrup), raising agent (E500iii), gluten free baking powder, raising agent (E500) acidity regulator (E341), thickener (E1413), cinnamon ground, mixed spice (cinnamon, coriander, ginger, allspice, nutmeg, cloves), vegetable oil (rapeseed), anti-foaming agent (E900), icing sugar, anti-caking agent (E341iii), cream cheese (MILK), vegetable oil (palm, rapeseed), water, salt, emulsifier (E471), colour (E100, E160b (i)), flavourings, lemon juice concentrate, WALNUT pieces, white chocolate (sugar, cocoa butter, whole MILK powder, emulsifier SOYA lecithin, natural vanilla flavouring), natural flavouring, colour (cocoa butter, colour (E100, E120))

## Directions

### for Use

For best results:  
Defrost in refrigerator for  
24 hours before  
consumption

## Storage

### Instructions

Store frozen  
below -18°C  
  
Once defrosted, store  
below 5°C and use within 7  
days.

## Packaging

GTIN:  
Inner GTIN:  
Weight/Volume:  
Packaging Type: Not Provided

## Country of

### Origin

United Kingdom ()

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 04/05/2025