



# GF Carrot Cake

**UNIT:** 1 x 14pp (1.9kg)



## Description

A sweet and moist spice cake, covered in cream cheese icing and topped with chopped walnuts. The cake is made to a traditional recipe using generous amounts of fruit, carrot and mixed spices. It was developed to meet the growing demand for gluten-free desserts and made to higher standards with quality ingredients.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO<sub>2</sub>

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	1169 kJ 278 kcal
Fat	9.8 g
- of which saturates	3.7 g
Carbohydrates	44 g
- of which sugars	31.5 g
Fibre	1.2 g
Protein	2.8 g
Salt	0.2 g

### Allergens

Contains Cereal
Contains Gluten
Contains Milk
Contains Eggs
Contains Peanuts
Contains Nuts
Contains Crustaceans
Contains Mustard
Contains Fish
Contains Lupin
Contains Sesame
Contains Celery
Contains Soya
Contains Molluscs
Contains Sulphur Dioxide

### Dietary Information

No	Suitable for Vegetarians	No
-	Suitable for Vegans	No
Yes	Suitable for Sufferers of Lactose	
Yes	Intolerance	
No	Suitable for Coeliacs	
Yes	Approved for a Halal Diet	No
No	Approved for a Kosher Diet	No
No		

### Ingredients

Gluten free flour (potato starch, rice flour, emulsifier (E415), soft brown sugar (sugar, cane molasses)), pasteurised whole EGG, carrots grated (10%), sultanas, golden syrup (inverted sugar syrup), raising agent (E500iii), gluten free baking powder, raising agent (E500) acidity regulator (E341), thickener (E1413), cinnamon ground, mixed spice (cinnamon, coriander, ginger, allspice, nutmeg, cloves), vegetable oil (rapeseed), anti-foaming agent (E900), icing sugar, anti-caking agent (E341iii), cream cheese (MILK), vegetable oil (palm, rapeseed), water, salt, emulsifier (E471), colour (E100, E160b (i)), flavourings, lemon juice concentrate, WALNUT pieces, white chocolate (sugar, cocoa butter, whole MILK powder, emulsifier SOYA lecithin, natural vanilla flavouring), natural flavouring, colour (cocoa butter, colour (E100, E120))

### Directions

#### for Use

For best results:  
Defrost in refrigerator for  
24 hours before  
consumption

### Storage

Instructions  
Store frozen  
below -18°C  
Once defrosted, store  
below 5°C and use within 7  
days.

### Packaging

GTIN:

Inner GTIN:

Weight/Volume:

Packaging Type: Not Provided

### Country of

#### Origin

United Kingdom ()

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 15/01/2026