

# Ground Fenugreek

**UNIT:** 1 x 700g



## Description

The ground seeds of the fenugreek plant (*Trigonella Foenumgraecum*). Creamy yellow in appearance free flowing powder.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

| Typical Values       | Per 100g/ml         |
|----------------------|---------------------|
| Energy               | 1350 kJ<br>323 kcal |
| Fat                  | 6.4 g               |
| - of which saturates | 2.5 g               |
| Carbohydrates        | 34.8 g              |
| - of which sugars    | 0 g                 |
| Fibre                | 24.6 g              |
| Protein              | 23 g                |
| Salt                 | 0.17 g              |

### Allergens

Contains Cereal  
Contains Gluten  
Contains Milk  
Contains Eggs  
Contains Peanuts  
Contains Nuts  
Contains Crustaceans  
Contains Mustard  
Contains Fish  
Contains Lupin  
Contains Sesame  
Contains Celery  
Contains Soya  
Contains Molluscs  
Contains Sulphur Dioxide

### Dietary Information

|    |                                               |     |
|----|-----------------------------------------------|-----|
| No | Suitable for Vegetarians                      | Yes |
| -  | Suitable for Vegans                           | Yes |
| No | Suitable for Sufferers of Lactose Intolerance |     |
| No | Suitable for Coeliacs                         |     |
| No | Approved for a Halal Diet                     | Yes |
| No | Approved for a Kosher Diet                    | Yes |
| No |                                               |     |
| No |                                               |     |
| No |                                               |     |
| No |                                               |     |
| No |                                               |     |
| No |                                               |     |

### Ingredients

Ground Fenugreek

### Directions for Use

Lightly sprinkle onto food before cooking, unless otherwise stated.  
Repeat for more flavour.

### Storage Instructions

Ambient, dry, away from sunlight

### Packaging

GTIN: 5060154038040  
Inner GTIN: 5060154038033  
Weight/Volume:  
Packaging Type: Poly Treated PET/PE

### Country of Origin

India ()

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 18/09/2025