

Ground Fenugreek

UNIT: 1 x 700g



Description

The ground seeds of the fenugreek plant (*Trigonella Foenumgraecum*). Creamy yellow in appearance free flowing powder.



Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

Specifications

Nutrition

Typical Values	Per 100g/ml
Energy	1350 kJ 323 kcal
Fat	6.4 g
- of which saturates	2.5 g
Carbohydrates	34.8 g
- of which sugars	0 g
Fibre	24.6 g
Protein	23 g
Salt	0.17 g

Allergens

Contains Cereal
Contains Gluten
Contains Milk
Contains Eggs
Contains Peanuts
Contains Nuts
Contains Crustaceans
Contains Mustard
Contains Fish
Contains Lupin
Contains Sesame
Contains Celery
Contains Soya
Contains Molluscs
Contains Sulphur Dioxide

Dietary Information

No	Suitable for Vegetarians	Yes
-	Suitable for Vegans	Yes
No	Suitable for Sufferers of Lactose Intolerance	
No	Suitable for Coeliacs	
No	Approved for a Halal Diet	Yes
No	Approved for a Kosher Diet	Yes
No		
No		
No		
No		
No		
No		

Ingredients

Ground Fenugreek

Directions for Use

Lightly sprinkle onto food before cooking, unless otherwise stated.
Repeat for more flavour.

Storage Instructions

Ambient, dry, away from sunlight

Packaging

GTIN: 5060154038040
Inner GTIN: 5060154038033
Weight/Volume:
Packaging Type: Poly Treated PET/PE

Country of Origin

India ()

All Allergen and Nutrition information drawn from www.erudus.com on 19/12/2025