

# MASHED POTATOES

**UNIT:** 4 x 2.5kg



## Description

These frozen pellets are made from whole milk and butter, offering the taste of home-cooked mashed potatoes. They are suitable for microwave, oven, and stovetop preparation and save time without compromising on taste. They are ideal for various settings, from restaurants to catering, providing a perfect blend of convenience and quality.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	431 kJ 103 kcal
Fat	3 g
- of which saturates	2.1 g
Carbohydrates	16 g
- of which sugars	1.2 g
Fibre	1.7 g
Protein	2.2 g
Salt	0.67 g

### Allergens

Contains Cereal	May Contain
Contains Gluten	-
Contains Milk	Yes
Contains Eggs	May Contain
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains Sulphur Dioxide	May Contain

### Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	No
Suitable for Sufferers of Lactose Intolerance	No
Suitable for Coeliacs	No
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

## Ingredients

Potatoes, whole MILK, concentrated butter (MILK), salt, emulsifier (mono-and diglycerides of fatty acids), white pepper.

## Directions for Use

In the microwave : Place 125g of frozen mashed potato in a microwave for 3 min. (800 W). Stirring after 2 min.

In the oven : Pre-heat oven to 200°C. Place frozen mashed potatoes (750g or 1kg) into an oven proof dish and cook in the center of the oven. Stir the mash potato after about 10 min and place the product again during 15-20 minutes in the oven.

In the frying pan : Cook on a low heat, stirring occasionally, until the mashed potato is hot.

## Storage

### Instructions

Keep frozen at -18 °C or below. Do not refreeze once defrosted.

## Packaging

GTIN:  
Inner GTIN: 5060392097113  
Weight/Volume: 2.5 kg  
Packaging Type: Foil

## Country of Origin

Belgium ()

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 07/12/2025