



MASHED POTATOES

UNIT: 4 x 2.5kg



Description

These frozen pellets are made from whole milk and butter, offering the taste of home-cooked mashed potatoes. They are suitable for microwave, oven, and stovetop preparation and save time without compromising on taste. They are ideal for various settings, from restaurants to catering, providing a perfect blend of convenience and quality.



Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

Specifications

Nutrition

Typical Values	Per 100g/ml
Energy	431 kJ
	103 kcal
Fat	3 g
- of which saturates	2.1 g
Carbohydrates	16 g
- of which sugars	1.2 g
Fibre	1.7 g
Protein	2.2 g
Salt	0.67 g

Allergens

Contains Cereal	May Contain	Suitable for Vegetarians	Yes
Contains Gluten	-	Suitable for Vegans	No
Contains Milk	Yes	Suitable for Sufferers of Lactose	No
Contains Eggs	May Contain	Intolerance	
Contains Peanuts	No	Suitable for Coeliacs	No
Contains Nuts	No	Approved for a Halal Diet	No
Contains Crustaceans	No	Approved for a Kosher Diet	No
Contains Mustard	No		
Contains Fish	No		
Contains Lupin	No		
Contains Sesame	No		
Contains Celery	No		
Contains Soya	No		
Contains Molluscs	No		
Contains Sulphur Dioxide	May Contain		

Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	No
Suitable for Sufferers of Lactose	No
Intolerance	
Suitable for Coeliacs	No
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Ingredients

Potatoes, whole MILK, concentrated butter (MILK), salt, emulsifier (mono-and diglycerides of fatty acids), white pepper.

Directions for Use

In the microwave : Place 125g of frozen mashed potato in a microwave for 3 min. (800 W). Stirring after 2 min.
 In the oven : Pre-heat oven to 200°C. Place frozen mashed potatoes (750g or 1kg) into an oven proof dish and cook in the center of the oven. Stir the mashed potato after about 10 min and place the product again during 15-20 minutes in the oven.
 In the frying pan : Cook on a low heat, stirring occasionally, until the mashed potato is hot.

Storage

Instructions

Keep frozen at -18 °C or below. Do not refreeze once defrosted.

Packaging

GTIN:
 Inner GTIN: 5060392097113
 Weight/Volume: 2.5 kg
 Packaging Type: Foil

Country of Origin

Belgium ()

All Allergen and Nutrition information drawn from www.erudus.com on 03/02/2026