

MSC Cold Water C+P Prawns

UNIT: 1 x 1.2kg



Description

Naturally pink in colour, firm in texture with a meaty taste, with a consistent quality and size Cold water prawns are a great source of protein and low in fat making them a healthy and nutritious delicacy.

Best served as a main ingredient in a recipe or in a meal by itself or defrost and serve ideal for salads, sandwiches, wraps and jackets. Wild caught within a sustainably certified North Atlantic MSC fishery.



Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

Specifications

Nutrition

Typical Values	Per 100g/ml
Energy	271 kJ 65 kcal
Fat	0.5 g
- of which saturates	0 g
Carbohydrates	0 g
- of which sugars	0 g
Fibre	g
Protein	16 g
Salt	1.5 g

Allergens

Contains Cereal
Contains Gluten
Contains Milk
Contains Eggs
Contains Peanuts
Contains Nuts
Contains Crustaceans
Contains Mustard
Contains Fish
Contains Lupin
Contains Sesame
Contains Celery
Contains Soya
Contains Molluscs
Contains Sulphur Dioxide

No	Suitable for Vegetarians	
-	Suitable for Vegans	
No	Suitable for Sufferers of Lactose Intolerance	
No	Suitable for Coeliacs	
No	Approved for a Halal Diet	No
Yes	Approved for a Kosher Diet	No
No		
No		
No		
No		
No		
No		
No		
No		

Ingredients

Prawns, (CRUSTACEAN), Salt

Directions for Use

This product is ready to eat after defrosting.
Once defrosted store at 0°C - +5°C and consume within 24 hours.

Storage Instructions

Store at -18°C or below.

Packaging

GTIN: 5060392094174
Inner GTIN: 5060392094167
Weight/Volume:
Packaging Type: Polythene Bag

Country of Origin

Iceland (Trawl caught in North Atlantic Waters FAO 27)

All Allergen and Nutrition information drawn from www.erudus.com on 13/12/2025