MSC Cold Water C+P Prawns

UNIT: 1 x 1.2kg

Description

Naturally pink in colour, firm in texture with a meaty taste, with a consistent quality and size Cold water prawns are a great source of protein and low in fat making them a healthy and nutritious delicacy.

Best served as a main ingredient in a recipe or in a meal by itself or defrost and serve ideal for salads, sandwiches, wraps and jackets. Wild caught within a sustainably certified North Atlantic MSC fishery.

Allergen Information

Cereal | Milk | Eggs | Peanuts | Nuts | Crustaceans | Mustard

Fish | Lupin | Sesame | Celery | Soya | Molluscs | SO2

Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	Yes
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains SO2	No

Nutrition

Typical Values	Per 100g/ml
Energy	271 kJ
	65 kcal
Fat	0.5 g
- of which saturates	0 g
Carbohydrates	0 g
- of which sugars	0 g
Fibre	g
Protein	16 g
Salt	1.5 g

Dietary Information

Suitable for Vegetarians	
Suitable for Vegans	
Suitable for Sufferers of Lactose Intolerance	
Suitable for Coeliacs	
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Ingredients

Prawns, (CRUSTACEAN), Salt

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Directions for Use	This product is ready to eat after defrosting. Once defrosted store at 0°C - +5°C and consume within 24 hours.
Storage Instructions	Store at -18°C or below.
Packaging	GTIN: 5060392094174 Inner GTIN: 5060392094167 Weight/Volume: Packaging Type: Polythene Bag
Country of Origin	Iceland (Trawl caught in North Atlantic Waters FAO 27)

All Allergen and Nutrition information drawn from www.erudus.com on 17/10/2026

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