



Mushy Peas (2.61Kkg)

UNIT: 6 x 2.61kg



Description

CHEF Approved mushy peas are sourced and manufactured in Italy, low in fat, high in nutrients. The vast majority of our Mushy peas are used as a side dish for fish and chips and there's nothing quite like a chunk of battered fish dipped in warm mushy peas. But with a bit of ingenuity, this simple side can be adapted and utilised into dishes including sauces for pasta.



Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

Specifications

Nutrition

Typical Values	Per 100g/ml
Energy	373 kJ 88 kcal
Fat	0.3 g
- of which saturates	0 g
Carbohydrates	14 g
- of which sugars	2.5 g
Fibre	3 g
Protein	5.9 g
Salt	0.45 g

Allergens

Contains Cereal
Contains Gluten
Contains Milk
Contains Eggs
Contains Peanuts
Contains Nuts
Contains Crustaceans
Contains Mustard
Contains Fish
Contains Lupin
Contains Sesame
Contains Celery
Contains Soya
Contains Molluscs
Contains Sulphur Dioxide

Dietary Information

No	Suitable for Vegetarians	Yes
-	Suitable for Vegans	Yes
No	Suitable for Sufferers of Lactose	
No	Intolerance	
No	Suitable for Coeliacs	
No	Approved for a Halal Diet	
No	Approved for a Kosher Diet	
No		

Ingredients

Rehydrated processed peas (95%), water, sugar, salt, natural colours (E141iii, E160a)

Directions for Use

To heat on a hob: empty contents into a saucepan and heat gently for 4-5 min, stirring occasionally. Do not allow to boil.

Storage Instructions

Store unopened product in a cool, dry place.

Packaging

GTIN: 5060392091838

Inner GTIN: 5056371102619

Weight/Volume:

Packaging Type:

Country of Origin

Italy ()

All Allergen and Nutrition information drawn from www.erudus.com on 01/02/2026