



# Mushy Peas (2.61Kkg)

**UNIT:** 6 x 2.61kg



## Description

CHEF Approved mushy peas are sourced and manufactured in Italy, low in fat, high in nutrients. The vast majority of our Mushy peas are used as a side dish for fish and chips and there's nothing quite like a chunk of battered fish dipped in warm mushy peas. But with a bit of ingenuity, this simple side can be adapted and utilised into dishes including sauces for pasta.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO<sub>2</sub>

|                          |    |
|--------------------------|----|
| Contains Cereal          | No |
| Contains Gluten          | -  |
| Contains Milk            | No |
| Contains Eggs            | No |
| Contains Peanuts         | No |
| Contains Nuts            | No |
| Contains Crustaceans     | No |
| Contains Mustard         | No |
| Contains Fish            | No |
| Contains Lupin           | No |
| Contains Sesame          | No |
| Contains Celery          | No |
| Contains Soya            | No |
| Contains Molluscs        | No |
| Contains SO <sub>2</sub> | No |

## Nutrition

| Typical Values       | Per 100g/ml |
|----------------------|-------------|
| Energy               | 373 kJ      |
|                      | 88 kcal     |
| Fat                  | 0.3 g       |
| - of which saturates | 0 g         |
| Carbohydrates        | 14 g        |
| - of which sugars    | 2.5 g       |
| Fibre                | 3 g         |
| Protein              | 5.9 g       |
| Salt                 | 0.45 g      |

## Dietary Information

|                                               |     |
|-----------------------------------------------|-----|
| Suitable for Vegetarians                      | Yes |
| Suitable for Vegans                           | Yes |
| Suitable for Sufferers of Lactose Intolerance |     |
| Suitable for Coeliacs                         |     |
| Approved for a Halal Diet                     | Yes |
| Approved for a Kosher Diet                    | Yes |

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|                      |                                                                                                                            |
|----------------------|----------------------------------------------------------------------------------------------------------------------------|
| Ingredients          | Rehydrated processed peas (95%), water, sugar, salt, natural colours (E141ii, E160a)                                       |
| Directions for Use   | To heat on a hob: empty contents into a saucepan and heat gently for 4-5 min, stirring occasionally. Do not allow to boil. |
| Storage Instructions | Store unopened product in a cool, dry place.                                                                               |
| Packaging            | GTIN: 5060392091838<br>Inner GTIN: 5056371102619<br>Weight/Volume:<br>Packaging Type:                                      |
| Country of Origin    | Italy                                                                                                                      |

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 21/09/2026