Mushy Peas (2.61Kkg)

UNIT: 6 x 2.61kg

Description

CHEF Approved mushy peas are sourced and manufactured in Italy, low in fat, high in nutrients. The vast majority of our Mushy peas are used as a side dish for fish and chips and there's nothing quite like a chunk of battered fish dipped in warm mushy peas. But with a bit of ingenuity, this simple side can be adapted and utilised into dishes including sauces for pasta.

Allergen Information

Cereal | Milk | Eggs | Peanuts | Nuts | Crustaceans | Mustard

Fish | Lupin | Sesame | Celery | Soya | Molluscs | SO2

Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains SO2	No

Nutrition

Typical Values	Per 100g/ml
Energy	373 kJ
	88 kcal
Fat	0.3 g
- of which saturates	0 g
Carbohydrates	14 g
- of which sugars	2.5 g
Fibre	3 g
Protein	5.9 g
Salt	0.45 g

Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	Yes
Suitable for Sufferers of Lactose Intolerance	
Suitable for Coeliacs	
Approved for a Halal Diet	Yes
Approved for a Kosher Diet	Yes

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Ingredients	Rehydrated processed peas (95%), water, sugar, salt, natural colours (E141ii, E160a)
Directions for Use	To heat on a hob: empty contents into a saucepan and heat gently for 4-5 min, stirring occasionally. Do not allow to boil.
Storage Instructions	Store unopened product in a cool, dry place.
Packaging	GTIN: 5060392091838 Inner GTIN: 5056371102619 Weight/Volume: Packaging Type:
Country of Origin	Italy

All Allergen and Nutrition information drawn from www.erudus.com on 29/10/2026

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