

## Peas Luxury 1kg

**UNIT:** 4 x 2.5kg



### Description

Highest grade quality peas, grown by a family owned and run business in the heart of Flanders fertile fields. Perfectly situated on one central site, peas are processed at the peak of freshness and frozen to lock in all of nature's nutrients. The BRC AA grade factory maintaining the high quality needs for the concerning foodservice industry.

# ASSURED

## Allergen Information





## Specifications

#### Nutrition

Typical Values	Per 100g/ml
Energy	289 kJ
	69 kcal
Fat	0.3 g
- of which saturates	0.1 g
Carbohydrates	9 g
- of which sugars	3.1 g
Fibre	4.6 g
Protein	5.2 g
Salt	0.08 g



Peanuts



Nuts

Crustaceans

Mustarc

SO2

#### Allergens

Allergens	
Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains Sulphur Dioxide	No

#### **Dietary Information**

No	Suitable for Vegetarians	Yes
-	Suitable for Vegans	Yes
No	Suitable for Sufferers of Lactose	
No	Intolerance	
No	Suitable for Coeliacs	
No	Approved for a Halal Diet	No
No	Approved for a Kosher Diet	No
No		
No		
No		

#### Ingredients

Peas

#### Directions for Use

For best results, cook from frozen.

Boiling Method: Place 250g of Petit Pois in a saucepan with sufficient boiling water to cover. Bring the contents back to the boil. Cover the pan and simmer for 3-4 minutes until tender. Drain and Serve

Microwave Guidelines: Per 250g – place contents into a microwavable container, add 1-2 tablespoons of water then cover and pierce. Heat on full power for 4 minutes (750W) and 4 ½ \*\* Up to 1 month \*\*\* -18°C or colder Up to 3 months minutes (650W).

Stir petit pois halfway through cooking. Drain and serve.

Cooking appliances vary. These instructions are given only as a guide. Ensure the product is piping hot before serving. For ovens of different power, heating time must be increased or decreased accordingly.

#### Storage

#### Instructions

Keep frozen

\* Up to 1 week

\* \* \* \* -18°C or colder Until Best Before Date

Do not refreeze after defrosted.

#### Packaging

GTIN: 5060154031829 Inner GTIN: 5060154033137 Weight/Volume: Packaging Type: Polythene Bag

#### Country of Origin

Belgium (n/a)

All Allergen and Nutrition information drawn from www.erudus.com on 01/06/2025

