

Quiche Lorraine 10"

UNIT: 1 x 1.3kg



Description

Discover the taste of France with this classic quiche. Housed in a crisp shortcrust pastry, this quiche features a delightful blend of pasteurised eggs, mature Cheddar cheese, onions, and smoky ham, all perfectly seasoned with selected herbs.

Professionally hand-finished and baked to perfection, our quiche features a delightfully golden crust that holds the creamy, savoury filling. Ideal for any hotel, pub, cafe, garden centre and nursing home meal.



Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

Specifications

Nutrition

Typical Values	Per 100g/ml
Energy	843 kJ 203 kcal
Fat	14 g
- of which saturates	5.1 g
Carbohydrates	11 g
- of which sugars	0.8 g
Fibre	1.2 g
Protein	8.2 g
Salt	0.88 g

Allergens

Contains Cereal
Contains Gluten
Contains Milk
Contains Eggs
Contains Peanuts
Contains Nuts
Contains Crustaceans
Contains Mustard
Contains Fish
Contains Lupin
Contains Sesame
Contains Celery
Contains Soya
Contains Molluscs
Contains Sulphur Dioxide

Dietary Information

Yes	Suitable for Vegetarians	No
-	Suitable for Vegans	No
Yes	Suitable for Sufferers of Lactose Intolerance	
No	Suitable for Coeliacs	
No	Approved for a Halal Diet	No
No	Approved for a Kosher Diet	No
No		
No		
No		
No		
No		
No		

Ingredients

Water, EGG (19%), Fortified WHEAT flour(Self raising WHEAT flour, calcium carbonate, iron, nicotinamide, thiamine hydrochloride Raising Agents E500, E341), Cooked Gammon Ham (9%), Anti Oxidant (Sodium Ascorbate), Preservatives (Sodium Nitrate, Sodium Nitrite). Grated Mature Cheddar Cheese(7%)(MILK), Onions (7%), Vegetable Oil (Rape, Palm, Emulsifier E471, Flavouring, Colours E160b(i), E100), Full Cream MILK Powder, Stabiliser thickener (modified waxy maize starch (acetylated di-starch adipate E1422), carboxy methyl cellulose E466), preservative (potassium sorbate E202), stabiliser (carrageenan E407), Salt, Pepper, Mixed Herb.

Directions for Use

· Handling & Storage Information => Directions for Use => Thaw & Serve or Thaw & Heat. Remove all packaging and defrost in a refrigerator for at least 24 hours. Once defrosted keep refrigerated and use within 3 days. Heating instructions: when defrosted bake in the oven at 190°C for 25-30 minutes.

Storage

Instructions

Store at -18°C or colder. Do not refreeze once defrosted.

Packaging

GTIN: 5060392096833
Inner GTIN:
Weight/Volume:
Packaging Type: Box

Country of Origin

United Kingdom (I)

All Allergen and Nutrition information drawn from www.erudus.com on 07/06/2025