

Salmon Portions 140-170g

UNIT: 10 x 140-170g



Description

Our new CHEF Assured Salmon Portions offer premium quality and convenience for professional kitchens. Sourced from Global GAP-certified farms in Norway, these natural salmon fillets are skinless, boneless and portioned to 140-170g or 170-200g sizes, with 10 individually vacuum packed portions per case.

Produced in a Grade AA+ BRCGS-certified facility, our salmon meets the highest quality standards while remaining free from artificial additives such as antioxidants, colours, flavourings, sweeteners, and preservatives. They have a frozen shelf life of up to 23 months at -18°C.



Allergen Information







Peanuts















Eggs

Specifications

Nutrition	
Typical Values	

Typical Values	Per 100g/ml
Energy	831 kJ
	200 kcal
Fat	13.8 g
- of which saturates	1.8 g
Carbohydrates	0.5 g
- of which sugars	0.5 g
Fibre	0 g
Protein	19 g
Salt	0.29 g

Alleraens

Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	Yes
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No

Dietary Information

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Contains Cereal	No	Suitable for Vegetarians	
Contains Gluten	-	Suitable for Vegans	
Contains Milk	No	Suitable for Sufferers of Lactose	
Contains Eggs	No	Intolerance	
Contains Peanuts	No	Suitable for Coeliacs	
Contains Nuts	No	Approved for a Halal Diet	No
Contains Crustaceans	No	Approved for a Kosher Diet	No
Contains Mustard	No		
Contains Fish	Yes		
Contains Lupin	No		
Contains Sesame	No		
Contains Celery	No		
Contains Soya	No		

No

Ingredients

(Salmo Salar), Water, Salt.

Directions for Use

Farmed Atlantic Salmon (FISH) For best results, cook from frozen.

This product contains raw fish and must be cooked thoroughly. These instructions are guidelines only as cooking appliances vary. Ensure fish portions are piping hot and cooked throughout before serving.

Contains Sulphur Dioxide

OVEN BAKE: Preheat oven to 200C / 400F/ Gas mark 6. Remove all packaging. Place portions on foil, season to taste. Wrap loosely in foil and place on baking tray in centre of oven. Bake for 15-20 minutes or until cooked through.

GRILL: Remove all packaging. Grill on medium heat turning occasionally for 15 $\,$ minutes or until cooked through.

Storage Instructions

Keep Frozen. Store below -18°C. Once defrosted do not refreeze.

Packaging

GTIN: Inner GTIN: Weight/Volume: Packaging Type:

Country of Origin

Poland (Farmed in Norway)

All Allergen and Nutrition information drawn from www.erudus.com on 05/06/2025