



# Salmon Portions 170-200g

**UNIT:** 10 x 170-200g



## Description

Our new CHEF Approved Salmon Portions offer premium quality and convenience for professional kitchens. Sourced from Global GAP-certified farms in Norway, these natural salmon fillets are skinless, boneless and portioned to 140-170g or 170-200g sizes, with 10 individually vacuum packed portions per case.

Produced in a Grade AA+ BRCGS-certified facility, our salmon meets the highest quality standards while remaining free from artificial additives such as antioxidants, colours, flavourings, sweeteners, and preservatives. They have a frozen shelf life of up to 23 months at -18°C.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	831 kJ 200 kcal
Fat	13.8 g
- of which saturates	1.8 g
Carbohydrates	0.5 g
- of which sugars	0.5 g
Fibre	0 g
Protein	19 g
Salt	0.29 g

### Allergens

Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	Yes
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains Sulphur Dioxide	No

### Dietary Information

Suitable for Vegetarians	No
Suitable for Vegans	-
Suitable for Sufferers of Lactose Intolerance	No
Suitable for Coeliacs	No
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

### Ingredients

Farmed Atlantic Salmon (<b>FISH</b>)  
(Salmo Salar), Water, Salt.

### Directions for Use

For best results, cook from frozen.

This product contains raw fish and must be cooked thoroughly. These instructions are guidelines only as cooking appliances vary. Ensure fish portions are piping hot and cooked throughout before serving.

**OVEN BAKE:** Preheat oven to 200C / 400F/ Gas mark 6. Remove all packaging. Place portions on foil, season to taste. Wrap loosely in foil and place on baking tray in centre of oven. Bake for 15-20 minutes or until cooked through.

**GRILL:** Remove all packaging. Grill on medium heat turning occasionally for 15 minutes or until cooked through.

### Storage Instructions

Keep Frozen. Store below -18°C. Once defrosted do not refreeze.

### Packaging

GTIN:

Inner GTIN:

Weight/Volume:

Packaging Type:

### Country of Origin

Poland ()

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 03/03/2026