

# Sliced Cooked Wiltshire Cured Ham

**UNIT:** 1 x 500g



## Description

Produced using a genuine live brine creating a real link to traditional Wiltshire flavours.

The legs are matured in an authentic live brine for a minimum of 3 days then air dried before being matured and slow cooked.

Cooked gammon ham (with no added water). Sliced and packed in heat sealed plastic tray with clear film.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	432 kJ 102 kcal
Fat	4.2 g
- of which saturates	0.79 g
Carbohydrates	0.03 g
- of which sugars	0 g
Fibre	g
Protein	21 g
Salt	2.53 g

### Allergens

Contains Cereal  
Contains Gluten  
Contains Milk  
Contains Eggs  
Contains Peanuts  
Contains Nuts  
Contains Crustaceans  
Contains Mustard  
Contains Fish  
Contains Lupin  
Contains Sesame  
Contains Celery  
Contains Soya  
Contains Molluscs  
Contains Sulphur Dioxide

### Dietary Information

No	Suitable for Vegetarians	No
-	Suitable for Vegans	No
No	Suitable for Sufferers of Lactose Intolerance	Yes
No	Suitable for Coeliacs	Yes
No	Approved for a Halal Diet	No
No	Approved for a Kosher Diet	No

### Ingredients

Pork leg, Salt, Dextrose, Emulsifiers (E451, E450), Antioxidant (E301), Preservative (E250) Made with 100g of Pork per 100g of finished product

### Directions for Use

Use within 3 days of opening, do not exceed shelf life

### Storage Instructions

Keep refrigerated 0 - 5 C

### Packaging

GTIN: 5060392093665  
Inner GTIN: 5060392093658  
Weight/Volume: 500g net, 528g gross  
Packaging Type: Paper/Polyethylene

### Country of Origin

United Kingdom (Pork from EU)

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 01/06/2025