

# Sliced Cooked Wiltshire Cured Ham

**UNIT:** 1 x 500g



## Description

Produced using a genuine live brine creating a real link to traditional Wiltshire flavours. The legs are matured in an authentic live brine for a minimum of 3 days then air dried before being matured and slow cooked.

Cooked gammon ham (with no added water). Sliced and packed in heat sealed plastic tray with clear film.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	432 kJ 102 kcal
Fat	4.2 g
- of which saturates	0.79 g
Carbohydrates	0.03 g
- of which sugars	0 g
Fibre	g
Protein	21 g
Salt	2.53 g

### Allergens

Contains Cereal
Contains Gluten
Contains Milk
Contains Eggs
Contains Peanuts
Contains Nuts
Contains Crustaceans
Contains Mustard
Contains Fish
Contains Lupin
Contains Sesame
Contains Celery
Contains Soya
Contains Molluscs
Contains Sulphur Dioxide

### Dietary Information

No	Suitable for Vegetarians	
-	Suitable for Vegans	
No	Suitable for Sufferers of Lactose Intolerance	
No	Suitable for Coeliacs	
No	Approved for a Halal Diet	No
No	Approved for a Kosher Diet	No
No		

### Ingredients

Pork leg, Salt, Dextrose, Emulsifiers (E451, E450), Antioxidant (E301), Preservative (E250) Made with 100g of Pork per 100g of finished product

### Directions for Use

Use within 3 days of opening, do not exceed shelf life

### Storage Instructions

Keep refrigerated 0 - 5 C

### Packaging

GTIN: 5060392093665  
Inner GTIN: 5060392093658  
Weight/Volume:  
Packaging Type: Paper/Polyethylene

### Country of Origin

United Kingdom (Pork from EU, UK)

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 29/08/2025