

# Sliced Cooked Wiltshire Cured Ham

**UNIT:** 1 x 500g



# Description

Produced using a genuine live brine creating a real link to traditional Wiltshire flavours.

The legs are matured in an authentic live brine for a minimum of 3 days then air dried before being matured and slow cooked.

Cooked gammon ham (with no added water). Sliced and packed in heat sealed plastic tray with clear film.



# Allergen Information



















Celery













**Dietary Information** 

Suitable for Sufferers of Lactose

Suitable for Vegetarians

Suitable for Vegans

Suitable for Coeliacs Approved for a Halal Diet

Approved for a Kosher Diet

Intolerance

# Specifications

# Nutrition

Typical Values	Per 100g/ml
Energy	432 kJ
	102 kcal
Fat	4.2 g
- of which saturates	0.79 g
Carbohydrates	0.03 g
- of which sugars	0 g
Fibre	g
Protein	21 g
Salt	2.53 g

# Allergens

Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No

Contains Sulphur Dioxide

# Ingredients

Pork leg, Salt, Dextrose, Emulsifiers (E451, E450), Antioxidant (E301), Preservative (E250) Made with 100g of Pork per 100g of finished product

#### Directions for Use

No

Use within 3 days of opening, do not exceed shelf life

### Storage Instructions

No

No

Keep refrigerated 0 - 5 C

### Packaging

GTIN: 5060392093665 Inner GTIN: 5060392093658 Weight/Volume: Packaging Type: Paper/Polyethylene

### Country of Origin

United Kingdom (Pork from EU, UK)

All Allergen and Nutrition information drawn from www.erudus.com on 16/10/2025