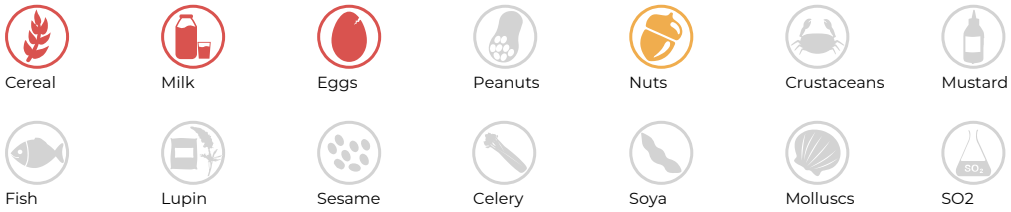
Spotted Dick Pudding

UNIT: 12 x 130g

Description

Lightly Spiced Pudding Sponge, enriched with juicy Raisins. 12 Individual Puddings.

Allergen Information



Contains Cereal	Yes
Contains Gluten	-
Contains Milk	Yes
Contains Eggs	Yes
Contains Peanuts	No
Contains Nuts	May Contain
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains SO2	No

Nutrition

Typical Values	Per 100g/ml
Energy	1227 kJ
	291 kcal
Fat	9.2 g
- of which saturates	3.5 g
Carbohydrates	48.6 g
- of which sugars	25.7 g
Fibre	1.5 g
Protein	3.5 g
Salt	0.9 g

Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	No
Suitable for Sufferers of Lactose Intolerance	
Suitable for Coeliacs	
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

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Ingredients

Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Sugar, Raisins (10.5%) (Raisins, Sunflower Oil), Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier: Mono- And Diglycerides Of Fatty Acids), Suet (Palm Oil, Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Sunflower Oil), Whole EGG, Whey Powder (MILK), Raising Agents: Disodium Diphosphate, Sodium Bicarbonate; Mixed Spice (Coriander, Cinnamon, Ginger, Nutmeg, Fennel, Cloves, Cardamom), WHEAT Flour, Sunflower Oil, Skimmed MILK Powder, Emulsifiers: Mono- And Diglycerides Of Fatty Acids, Polyglycerol Esters Of Fatty Acids; Modified Potato Starch, Stabilisers: Xanthan Gum, Guar Gum; Natural Flavouring, Dextrose

Directions for Use

COOKING INSTRUCTIONS: Re-heat from frozen. Remove film. Place container in microwave. Heat on FULL power. 800W for approximately 1 minute 30 seconds, 1100W - 1 minute, 1800W - 35-40 seconds. Allow to stand for 1 minute. Cover container with pudding dish, turn out to serve, scooping out any remaining sauce.
WARNING: HOT STEAM WHEN RE-HEATED.

Storage Instructions

DO NOT REFREEZE ONCE DEFROSTED. STORE AT -18°C OR COLDER.

Packaging

GTIN: 5060154039351
Inner GTIN:
Weight/Volume:
Packaging Type: Plastic Tub

Country of Origin

United Kingdom (Produced in the UK but using ingredients from various origins.)

All Allergen and Nutrition information drawn from www.erudus.com on 21/04/2026

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