

Sunflower Seeds

UNIT: 1 x 600g



Description

The whole seeds of the sunflower plant, greyish, cream in appearance



Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

Specifications

Nutrition

Typical Values	Per 100g/ml
Energy	2440 kJ 584 kcal
Fat	51.5 g
- of which saturates	4.5 g
Carbohydrates	11.4 g
- of which sugars	2.6 g
Fibre	8.6 g
Protein	20.8 g
Salt	0.02 g

Allergens

Contains Cereal
Contains Gluten
Contains Milk
Contains Eggs
Contains Peanuts
Contains Nuts
Contains Crustaceans
Contains Mustard
Contains Fish
Contains Lupin
Contains Sesame
Contains Celery
Contains Soya
Contains Molluscs
Contains Sulphur Dioxide

Dietary Information

No	Suitable for Vegetarians	Yes
-	Suitable for Vegans	Yes
No	Suitable for Sufferers of Lactose Intolerance	
No	Suitable for Coeliacs	
No	Approved for a Halal Diet	Yes
No	Approved for a Kosher Diet	Yes
No		
No		
No		
No		
No		
No		

Ingredients

Sunflower seeds

Directions for Use

N/A

Storage Instructions

Cool dry location

Packaging

GTIN: 5060154036411
Inner GTIN: 5060154036428
Weight/Volume:
Packaging Type: Poly Treated PET/PE

Country of Origin

Other (Bulgaria)

All Allergen and Nutrition information drawn from www.erudus.com on 18/12/2025