

# Tomato & Basil Quiche

**UNIT:** 1 x 1.2kg (12pp)



## Description

A meat-free option made with red tomatoes, aromatic basil, mature Cheddar, and free-range eggs. This 10", 1.2kg quiche is pre-sliced into 12 servings for quick, reliable use in professional settings.

Finished by hand and set in shortcrust pastry, it can be served cold or warm. Defrost in the fridge for 48 hours or heat in an oven at 180°C until it reaches 80°C internally.



## Allergen Information





Eggs









Molluscs

Yes

Yes Yes No No No

Nο

No

No







Specifications

Nutrition	
Typical Values	Per 100g/ml
Energy	901 kJ
	216 kcal
Fat	12 g
- of which saturates	5.4 g
Carbohydrates	19.6 g
- of which sugars	3.3 g
Fibre	0.8 g

6.9 g

0.66 g

## Allergens Contains Cereal

Contains Gluten
Contains Milk
Contains Eggs
Contains Peanuts
Contains Nuts
Contains Crustaceans
Contains Mustard
Contains Fish
Contains Lupin

#### Contains Sesame Contains Celery Contains Soya

Contains Sulphur Dioxide

## Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	No
Suitable for Sufferers of Lactose	
Intolerance	
Suitable for Coeliacs	
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

#### May Contain May Contain Contains Molluscs

May Contain

May Contain

#### Ingredients

Protein

Salt

<b>MILK</b>, Wheat Flour (<b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Pasteurised Free Range Whole <b>EGG</b>, Water, Cheddar Cheese <b>(MILK)</b> (4%), Modified Maize Starch, Palm Oil, Rapeseed Oil, Tomatoes (2%) (Frozen Tomatoes, Dried Tomato Flakes), Onions, Stabilisers (Sodium Carboxy Methyl Cellulose, Xantham Gum, Carageenan, Potassium Chloride, Calcium Acetate), Salt, Dextrose, Preservative (Potassium Sorbate), White pepper, Mixed Herbs (Marjoram, Thyme, Basil, Sage, Parsley), Basil.

#### Directions for Use

Product can be eaten hot or cold. Defrosting Instructions: Defrost for 48hrs in a refrigerator at <5°C.

## Storage Instructions

Keep Frozen at -18\*C or below

Heating Instructions: From frozen: Pre heat oven to 175°C. Place product on a baking tray in the middle of the oven and heat for approx 30-35 mins.

From Chilled: Bake for approx 15 mins at 175°C.Ensure product is piping hot throughout prior to serving. Do not reheat.

### Packaging

GTIN: Inner GTIN Weight/Volume: Packaging Type:

#### Country of Origin

United Kingdom ()

All Allergen and Nutrition information drawn from www.erudus.com on 03/08/2025