

# Tomato & Basil Quiche

**UNIT:** 1 x 1.2kg (12pp)



## Description

A meat-free option made with red tomatoes, aromatic basil, mature Cheddar, and free-range eggs. This 10", 1.2kg quiche is pre-sliced into 12 servings for quick, reliable use in professional settings.

Finished by hand and set in shortcrust pastry, it can be served cold or warm. Defrost in the fridge for 48 hours or heat in an oven at 180°C until it reaches 80°C internally.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

| Typical Values       | Per 100g/ml        |
|----------------------|--------------------|
| Energy               | 901 kJ<br>216 kcal |
| Fat                  | 12 g               |
| - of which saturates | 5.4 g              |
| Carbohydrates        | 19.6 g             |
| - of which sugars    | 3.3 g              |
| Fibre                | 0.8 g              |
| Protein              | 6.9 g              |
| Salt                 | 0.66 g             |

### Allergens

|                          |             |
|--------------------------|-------------|
| Contains Cereal          | Yes         |
| Contains Gluten          | -           |
| Contains Milk            | Yes         |
| Contains Eggs            | Yes         |
| Contains Peanuts         | No          |
| Contains Nuts            | No          |
| Contains Crustaceans     | No          |
| Contains Mustard         | May Contain |
| Contains Fish            | No          |
| Contains Lupin           | No          |
| Contains Sesame          | No          |
| Contains Celery          | May Contain |
| Contains Soya            | May Contain |
| Contains Molluscs        | No          |
| Contains Sulphur Dioxide | May Contain |

### Dietary Information

|                                               |     |
|-----------------------------------------------|-----|
| Suitable for Vegetarians                      | Yes |
| Suitable for Vegans                           | No  |
| Suitable for Sufferers of Lactose Intolerance |     |
| Suitable for Coeliacs                         |     |
| Approved for a Halal Diet                     | No  |
| Approved for a Kosher Diet                    | No  |

## Ingredients

<b>MILK</b>, Wheat Flour (<b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Pasteurised Free Range Whole <b>EGG</b>, Water, Cheddar Cheese <b>(MILK)</b> (4%), Modified Maize Starch, Palm Oil, Rapeseed Oil, Tomatoes (2%) (Frozen Tomatoes, Dried Tomato Flakes), Onions, Stabilisers (Sodium Carboxy Methyl Cellulose, Xanthan Gum, Carageenan, Potassium Chloride, Calcium Acetate), Salt, Dextrose, Preservative (Potassium Sorbate), White pepper, Mixed Herbs (Marjoram, Thyme, Basil, Sage, Parsley), Basil.

## Directions for Use

Product can be eaten hot or cold.

Defrosting Instructions: Defrost for 48hrs in a refrigerator at <5°C.

Heating Instructions: From frozen: Pre heat oven to 175°C. Place product on a baking tray in the middle of the oven and heat for approx 30-35 mins.

From Chilled: Bake for approx 15 mins at 175°C. Ensure product is piping hot throughout prior to serving. Do not reheat.

## Storage

### Instructions

Keep Frozen at -18°C or below.

## Packaging

GTIN:

Inner GTIN:

Weight/Volume:

Packaging Type:

## Country of Origin

United Kingdom ()

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 07/11/2025