

# Tomato & Basil Quiche

**UNIT:** 1 x 1.2kg (12pp)



## Description

A meat-free option made with red tomatoes, aromatic basil, mature Cheddar, and free-range eggs. This 10", 1.2kg quiche is pre-sliced into 12 servings for quick, reliable use in professional settings.

Finished by hand and set in shortcrust pastry, it can be served cold or warm. Defrost in the fridge for 48 hours or heat in an oven at 180°C until it reaches 80°C internally.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	901 kJ 216 kcal
Fat	12 g
- of which saturates	5.4 g
Carbohydrates	19.6 g
- of which sugars	3.3 g
Fibre	0.8 g
Protein	6.9 g
Salt	0.66 g

### Allergens

Contains Cereal	Yes
Contains Gluten	-
Contains Milk	Yes
Contains Eggs	Yes
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	May Contain
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	May Contain
Contains Soya	May Contain
Contains Molluscs	No
Contains Sulphur Dioxide	May Contain

### Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	No
Suitable for Sufferers of Lactose Intolerance	
Suitable for Coeliacs	
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

## Ingredients

<b>MILK</b>, Wheat Flour (<b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Pasteurised Free Range Whole <b>EGG</b>, Water, Cheddar Cheese <b>(MILK)</b> (4%), Modified Maize Starch, Palm Oil, Rapeseed Oil, Tomatoes (2%) (Frozen Tomatoes, Dried Tomato Flakes), Onions, Stabilisers (Sodium Carboxy Methyl Cellulose, Xanthan Gum, Carageenan, Potassium Chloride, Calcium Acetate), Salt, Dextrose, Preservative (Potassium Sorbate), White pepper, Mixed Herbs (Marjoram, Thyme, Basil, Sage, Parsley), Basil.

## Directions for Use

Product can be eaten hot or cold.  
 Defrosting Instructions: Defrost for 48hrs in a refrigerator at <math>< 5^{\circ}\text{C}</math>.  
 Heating Instructions: From frozen: Pre heat oven to 175°C. Place product on a baking tray in the middle of the oven and heat for approx 30-35 mins.  
 From Chilled: Bake for approx 15 mins at 175°C. Ensure product is piping hot throughout prior to serving.  
 Do not reheat.

## Storage

### Instructions

Keep Frozen at -18°C or below.

## Packaging

GTIN:  
 Inner GTIN:  
 Weight/Volume:  
 Packaging Type:

## Country of Origin

United Kingdom ()

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 02/03/2026