

# Whole Blue Poppy Seed

**UNIT:** 1 x 650g



## Description

The whole seeds of the poppy (*Papaver somniferum*)  
greyish blue to black in appearance and pitted kidney shaped.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	2196 kJ 525 kcal
Fat	41.6 g
- of which saturates	4.5 g
Carbohydrates	8.6 g
- of which sugars	3 g
Fibre	19.5 g
Protein	18 g
Salt	0.07 g

### Allergens

Contains Cereal  
Contains Gluten  
Contains Milk  
Contains Eggs  
Contains Peanuts  
Contains Nuts  
Contains Crustaceans  
Contains Mustard  
Contains Fish  
Contains Lupin  
Contains Sesame  
Contains Celery  
Contains Soya  
Contains Molluscs  
Contains Sulphur Dioxide

### Dietary Information

No	Suitable for Vegetarians	Yes
-	Suitable for Vegans	Yes
No	Suitable for Sufferers of Lactose Intolerance	
No	Suitable for Coeliacs	
No	Approved for a Halal Diet	No
No	Approved for a Kosher Diet	No
No		
No		
No		
No		
No		
No		

### Ingredients

Blue Poppy seeds

### Directions for Use

N/A

### Storage Instructions

Ambient, dry, away from sunlight

### Packaging

GTIN: 5060154036336

Inner GTIN: 5060154036343

Weight/Volume:

Packaging Type: Poly Treated PET/PE

### Country of Origin

Other (Spain, China, Australia)

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 07/12/2025