

# Whole Brown Mustard Seed

**UNIT:** 1 x 800g



# Description

The whole seeds of the brown mustard plant (Brassica juncea), reddish brown to black in colour.



# Allergen Information



Cereal















No

>10mg

# Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	2130 kJ
	508 kcal
Fat	36.2 g
- of which saturates	0 g
Carbohydrates	15.9 g
- of which sugars	6.8 g
Fibre	12.2 g
Protein	26.1 g
Salt	0.03 g

## Allergens

Contains Cereal	May Contain
Contains Gluten	=
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	Yes
Contains Fish	No
Contains Lupin	No
Contains Sesame	May Contain
Contains Celery	May Contain
Contains Soya	No

## **Dietary Information**

Suitable for Vegetarians	Yes
Suitable for Vegans	Yes
Suitable for Sufferers of Lactose	Yes
Intolerance	
Suitable for Coeliacs	No
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

## Ingredients

Brown MUSTARD seed

#### Directions for Use

Contains Sulphur Dioxide

N/A

#### Storage Instructions

Ambient, dry, away from sunlight

#### Packaging

GTIN: 5060154036107 Inner GTIN: 5060154036114 Weight/Volume: 800grams Packaging Type: Poly Treated PET/PE

#### Country of Origin

Other (India, Canada.)

Contains Molluscs

All Allergen and Nutrition information drawn from www.erudus.com on 25/05/2025