

# Whole Cumin seeds

**UNIT:** 1 x 400g



## Description

A pale greenish brown elliptical seed of the species  
*Cuminum cyminum*.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	1567 kJ 375 kcal
Fat	22.7 g
- of which saturates	1.5 g
Carbohydrates	33.7 g
- of which sugars	2.3 g
Fibre	10.5 g
Protein	17.8 g
Salt	0.42 g

### Allergens

Contains Cereal	May Contain
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains Sulphur Dioxide	No

### Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	Yes
Suitable for Sufferers of Lactose Intolerance	
Suitable for Coeliacs	
Approved for a Halal Diet	Yes
Approved for a Kosher Diet	Yes

### Ingredients

whole cumin seed

### Directions for Use

n/a

### Storage Instructions

Ambient, dry, away from sunlight

### Packaging

GTIN: 5060154036008

Inner GTIN: 5060154036015

Weight/Volume:

Packaging Type: Poly Treated PET/PE

### Country of Origin

India ()

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 18/12/2025