

# Whole Fennel Seed

**UNIT:** 1 x 400g



# Description

The whole elliptical seeds of the fennel plant (Foeniculum vulgare). Light green to light brown in appearance.



# Allergen Information



































# Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	1440 kJ
	345 kcal
Fat	14.9 g
- of which saturates	0.5 g
Carbohydrates	12.5 g
- of which sugars	0 g
Fibre	39.8 g
Protein	15.8 g
Salt	0.22 g

### Allergens

Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No

## Ingredients

Whole fenel seed

### Directions for Use

Contains Sulphur Dioxide

N/A

## Storage Instructions

**Dietary Information** 

Suitable for Sufferers of Lactose

Yes

Yes

Yes

Yes

No

No

Suitable for Vegetarians

Suitable for Vegans

Suitable for Coeliacs

Approved for a Halal Diet

Approved for a Kosher Diet

Intolerance

Ambient, dry, away from sunlight

No

#### Packaging

GTIN: 5060154036022 Inner GTIN: 5060154036039 Weight/Volume: 400grams Packaging Type: Poly Treated PET/PE

#### Country of Origin

Other (Egypt, India)

All Allergen and Nutrition information drawn from www.erudus.com on 30/05/2025