



# Whole Fennel Seed

**UNIT:** 1 x 400g



## Description

The whole elliptical seeds of the fennel plant (*Foeniculum vulgare*). Light green to light brown in appearance.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	1440 kJ 345 kcal
Fat	14.9 g
- of which saturates	0.5 g
Carbohydrates	12.5 g
- of which sugars	0 g
Fibre	39.8 g
Protein	15.8 g
Salt	0.22 g

### Allergens

Contains Cereal
Contains Gluten
Contains Milk
Contains Eggs
Contains Peanuts
Contains Nuts
Contains Crustaceans
Contains Mustard
Contains Fish
Contains Lupin
Contains Sesame
Contains Celery
Contains Soya
Contains Molluscs
Contains Sulphur Dioxide

### Dietary Information

No	Suitable for Vegetarians	Yes
-	Suitable for Vegans	Yes
No	Suitable for Sufferers of Lactose	
No	Intolerance	
No	Suitable for Coeliacs	
No	Approved for a Halal Diet	Yes
No	Approved for a Kosher Diet	Yes

### Ingredients

Whole fenel seed

### Directions for Use

N/A

### Storage Instructions

Ambient, dry, away from sunlight

### Packaging

GTIN: 5060154036022

Inner GTIN: 5060154036039

Weight/Volume:

Packaging Type: Poly Treated PET/PE

### Country of Origin

Other (Egypt, India)

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 02/02/2026